



## FIT EXPLORER CHALLENGE

# Apollo Acrobats

LEVEL 3 COMPLETE: 1,700 POINTS

NASA's Exploration Systems Mission Directorate would like to congratulate

**Crew Member**

on the completion of this Fit Explorer Challenge level.

This certificate is in recognition of your dedication to learning about space exploration, NASA, and being physically fit.

**You have learned to train like an astronaut.**



Charles Lloyd, PharmD  
Human Research Program Education and Outreach  
Program Manager

Melissa Johnson, M.S.  
The President's Council on Physical Fitness and Sports  
Executive Director

Project Apollo was a series of human spaceflight missions by the United States during the years 1961 to 1975 with the goal of "landing a man on the Moon and returning him safely to the Earth". There were six successful landings on the Moon, returning with Moon rocks and other lunar materials for scientific exploration.